

# 38-Point Respite Comparison Checklist

	Aspire Respite Care	Nursing Home Respite	In-home Respite
1. Completely different model to home care, nursing home care and traditional aged care	✓	X	X
2. A premium apartment to make your own home	✓	X	?
3. Nursing staff on-site 24/7 for all levels of care†	✓	✓	?
4. Freedom of choice and control of care and services	✓	X	✓
5. Premium quality meals cooked on-site by full-time, award-winning chefs	✓	X	?
6. Transparent and personalised management of care funding	✓	?	✓
7. Couples needing care stay together**	✓	?	?
8. Wide variety of daily activities and events on-site that integrate and socialise people across all levels of care with all members of the village community	✓	?	X
9. Various events for residents, family and friends on-site, including lunches, dinners, trivia, movies, festive celebrations, etc*	✓	?	X
10. GP, physiotherapist, occupational therapist, allied health consultation services – all available on-site *	✓	?	X
11. Secure dementia care wing	✓	✓	X
12. Beautician, hairdresser and barber services – all available on-site*	✓	✓	X
13. Pet friendly***	✓	?	✓
14. Maintain your own home environment with your own furniture, furnishings and décor*	✓	X	✓
15. In-home personal cooking and laundry facilities*	✓	X	✓
16. All levels of care on-site, including dementia, palliative and end-of-life**	✓	✓	?
17. Emergency nursing assistance on-site 24/7†	✓	✓	?
18. Maintain independence and control of type and time of care	✓	X	✓
19. Eat meals whenever you want, wherever you want and with whomever you want	✓	X	✓

Notes:  
 Nursing home – refers to Government funded, traditional aged care (nursing) homes in the ACT residential care in aged care (nursing) homes, and short-term care such as respite care  
 † Denotes services could be obtained in-home through private funding  
 \* Based on the collective of services available  
 \*\* Denotes further conditions and qualifications for delivery of that service in-home or in nursing homes  
 \*\*\* Some nursing homes in the ACT are pet friendly and/or allow pet therapy

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20. A variety of meals from 6 dining options; restaurant, 2 cafes, bar, cook-chill meals from grocer, home-delivered room-service meals	✓	X	X
21. Daily social interaction and engagement with staff and other residents	✓	✓	?
22. A vast variety of Individualised supported lifestyle activities	✓	?	✓
23. ACAT assessment not required	✓	X	✓
24. Flexible funding options including CHSP, DVA, HCP and private*	✓	X	✓
25. On-site amenities including café, restaurant, bar, grocer, gym, theatre, dance studio, art room, dog-park, playground, chapel, library, shed*	✓	X	X
26. Option to give family members a spare key to your apartment	✓	X	✓
27. Family and friends free to visit and stay overnight whenever they want	✓	X	✓
28. Visiting family and friends enjoy village recreation amenities	✓	?	X
29. Family free to take resident out anytime	✓	X	✓
30. Private medical and allied health consultation room on-site	✓	?	X
31. Common areas are safe and secured	✓	✓	?
32. Full access to use mobility equipment safely throughout the village	✓	✓	X
33. Concierge services and reception desk	✓	?	X
34. In-home professional IT support and maintenance and facilities assistance*	✓	X	?
35. Dog park on-site***	✓	?	X
36. Pets welcome to stay or visit***	✓	?	✓
37. Pet therapy from other residents' pets***	✓	?	?
38. Peace of mind that there is immediate access to medical attention on-site, your parent is not alone or isolated, and is always safe and secure	✓	✓	?

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